



340g
(FS-G-BALANCE)

Nutrition Facts

About 16 servings per container

Serving size 4 Tbsp (21 g)

Amount per serving

Calories 0

% Daily Value

Total Fat 0 g 0%

Sodium 0 mg 0%

Total Carbohydrate 0 g 0%

Protein 0 g

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron, and potassium.

Ingredients: Organic Decaf Coffee, Organic Coffee, Organic Ashwagandha Extract (300 mg), Organic Eleuthero Extract, Organic Chaga Extract* (150 mg), Organic Tulsi Extract *Wildcrafted

10 sachets
(FS-I-BALANCE)

Nutrition Facts

10 servings per container

Serving size 1 Packet (2.5 g)

Amount Per Serving

Calories 0

% Daily Value

Total Fat 0 g 0%

Sodium 0 mg 0%

Total Carbohydrate 0 g 0%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

Protein 0 g

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.

Ingredients: Organic Instant Coffee Powder, Organic Ashwagandha Extract (200mg), Organic Eleuthero Extract, Organic Tulsi (Holy Basil) Extract, Organic Chaga Extract* (100mg) *Wildcrafted



STABILIZE YOUR
STRESS LEVELS



ENERGY WITH
HALF THE CAFFEINE



LONG-TERM
POSITIVE MOOD

BALANCE

ORGANIC HALF CAF COFFEE (GROUND & INSTANT)

with Ashwagandha & Eleuthero Adaptogens

MEDIUM ROAST

NOTES OF CARAMEL & NUT

CAFFEINE LEVEL – GROUND & INSTANT

DECAF HALF CAF REG CAF HIGH CAF

Caffeine content

GROUND: approx. **75mg** per serve (equivalent to half a regular brewed coffee)

INSTANT: approx. **50mg** per serve

In a nutshell

Your daily balancing act and a lower caffeine option. Help your body adapt to daily stress with the power of adaptogens. Four Sigmatic® have paired premium 100% Organic Arabica coffee with four unbelievably balancing ingredients – Ashwagandha, Eleuthero (Siberian Ginseng), Tulsi (Holy Basil), and Chaga mushroom – to give you a boost of energy while supporting occasional stress with every delicious sip. Tastes like coffee, not like mushrooms, with half the caffeine as a regular cup.

Your daily balancing act

- Balances occasional stress with the help of adaptogens
- Provides an energy boost
- Supports whole body wellness
- Elevates your coffee routine with functional ingredients

Made with the best of the best

Four Sigmatic® have combined decaffeinated coffee from Peru with full-strength coffee from Honduras to create a lower caffeine blend. Both are from organic fair-trade cooperatives located 3,900 to 5,900 feet above sea level. Ashwagandha and Eleuthero have been used in traditional herbal practices for thousands of years for their adaptogenic might. Four Sigmatic® extract the roots of these plants to unlock the best of the best benefits.

